

Arthroplasty Checklist

- 1. Lab Tests:** **Non-fasting** blood and urine specimens must be complete **at least 3-10 days prior to your Internal Medicine Appointment.** If there are abnormal results you may need to repeat the lab test prior to surgery.
- 2. Radiology:** A chest x-ray may be required.
- 3. Internal Medicine:** This appointment must be within 30 days of surgery for medical/cardiac evaluation.
- 4. Dental:** This appointment is to evaluate for potential sources of bacteremia. Dental (Oral Surgery Department) is located on the 2nd floor of the hospital. **This is for an evaluation only.** If dental work is required, you will need to consult your personal dentist.
- 5. Joint Replacement Education Class:** The class is for all patients undergoing a Total Hip or Knee Replacement and is **held once per month in the Physical Therapy Department.** **Dates are subject to change** Attendance is mandatory. You will be provided information from Pharmacy, Nutrition, Physical and Occupational Therapy, and Orthopedics.
- 6. Pre-Operative Appointment:** An appointment will be scheduled prior to surgery to meet with your surgeon to sign consents. You will also go to the Pre-Op Clinic so **please plan for approximately 2-3 hours.**
- 7. Questions/Concerns:** For non-emergent questions and/or concerns please call the Orthopedic Clinic Nurse at **904-542-7370** or 904-542-7365/7366 to leave a telephone message for your surgeon.
- 8. Appointments:** **Please plan to arrange for transportation** to appointments as we unfortunately cannot provide this service and your Outpatient Physical Therapy will start immediately after discharge. **You will not be able to drive for at least 4-6 weeks after surgery** and possibly longer. You may discuss a more specific timeframe with your surgeon at your post-operative appointment.